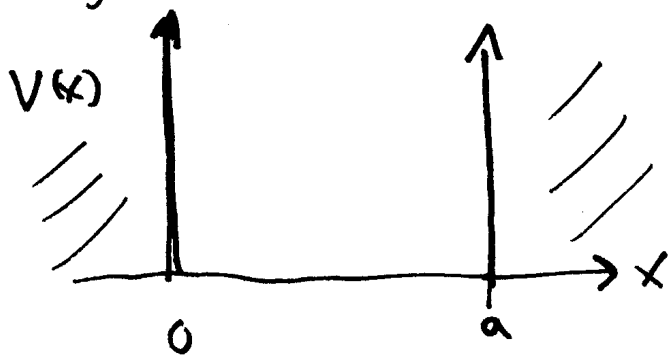



STP QM 3220 cl. 2.8.

The Infinite Square Well: Let's make a choice for $V(x)$ which is solvable + has some (approximate) physical relevance



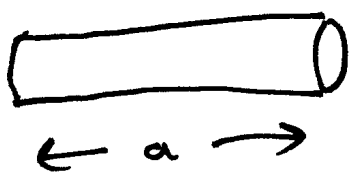
$$V(x) = 0 \quad \text{for } 0 < x < a \\ \infty \quad \text{elsewhere}$$

It's like the limit of  as this gets big (height) and this gets small. (distance where it rises)

classically, $\vec{F} = -\frac{dV}{dx}$ is 0 in the middle (free)

but big at the edges. Like walls at the edges.

(Like an electron in a small length of wire:



free to move inside, but stuck, large force at ends prevents it from leaving.)

Given $V(x)$, we want to find the ^{special!} stationary states (+ then we can construct any physical state by some linear combination of those!)

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Recall, we're looking for $U_n(x)$ such that

$$\hat{H} U_n(x) = E_n U_n(x)$$

(and then $\Psi_n(x, t) = U_n(x) e^{-i \frac{E_n t}{\hbar}}$)

(or, dropping "n" for a sec)

(and then $\Psi_{\text{general}} = \sum_n C_n \Psi_n(x, t)$)
at last

$$-\frac{\hbar^2}{2m} U''(x) + V(x) U(x) = E U(x)$$

Inside the well, $0 < x < a$, $V(x) = 0$, so in that region

$$\frac{d^2 u}{dx^2} = -\frac{2mE}{\hbar^2} u(x)$$

$$\equiv -K^2 u(x)$$

Here, I simply
defined $K \equiv \sqrt{\frac{2mE}{\hbar^2}}$

It's just shorthand, $K \equiv \sqrt{2mE}/\hbar$ or $E = \frac{\hbar^2}{2m} K^2$

(However, I have used the fact that $E > 0$, you can't
even get $E < V_{\min} = 0$! ← convince yourself!)

I know this 2nd order ODE, + its general sol'n is

$$u(x) = A \sin Kx + B \cos Kx \quad \text{or} \quad \propto e^{iKx} + \beta e^{-iKx}$$

But Postulate I says $\Psi(x)$ should be continuous.

Now, outside $0 < x < a$, $V(x) \rightarrow \infty$. This is unphysical,

the particle can't be there! So $\Psi(x) = 0$ at $x=0$

This is a BOUNDARY CONDITION. $\& x=a$.

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$$u(x=0) = A \cdot 0 + B \cdot 1 = 0 \quad \text{so} \quad B = 0. \quad (\text{required!})$$

$$u(x=a) = A \sin Ka = 0. \quad \text{But Now, I can't set } A = 0$$

'cause then $u(x) = 0$ and that's not normalized!

$$\text{so } \sin Ka = 0, \text{ i.e. } K = \frac{n\pi}{a} \text{ with } n = 1, 2, 3, \dots$$

Ah ha! The Boundary condition forced us to allow only

certain K 's. Call them $K_n = \frac{n\pi}{a}$.

$$\text{then since } E = \frac{\hbar^2 K^2}{2m}, \text{ we get } E_n = \frac{n^2 \pi^2 \hbar^2}{2ma^2}$$

(Note: negative n 's just re-define " x ", it's not really

a different state, $A \sin(Kx)$ is the same function as $A \sin(-Kx)$)

(Note: $n=0$ no good, because $\sin(0x) = 0$ not normalized!)

Thus, our sol's, the "energy eigenstates" are

$$u_n(x) = A \sin(K_n x) = A \sin\left(\frac{n\pi x}{a}\right) \quad \begin{matrix} n=1, 2, 3, \dots \\ (0 < x < a) \\ \leftarrow \text{(and 0 elsewhere)} \end{matrix}$$

$$\text{and } E_n = n^2 \left(\frac{\pi^2 \hbar^2}{2ma^2} \right)$$

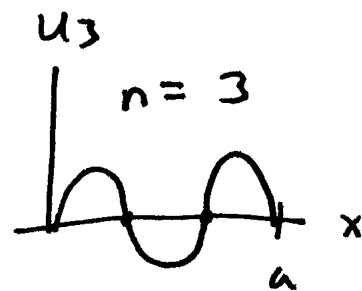
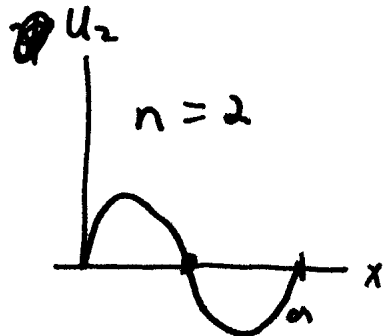
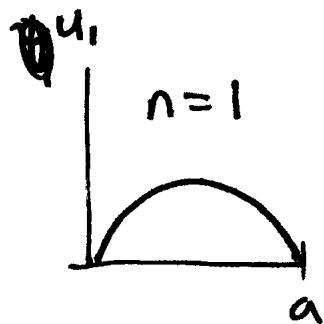
$$\text{For normalization, } \int u_n(x)^2 dx = 1 \Rightarrow |A|^2 \int_0^a \sin^2 \frac{n\pi x}{a} dx = 1$$

convince yourself, $|A|^2 = \frac{2}{a}$ is required.

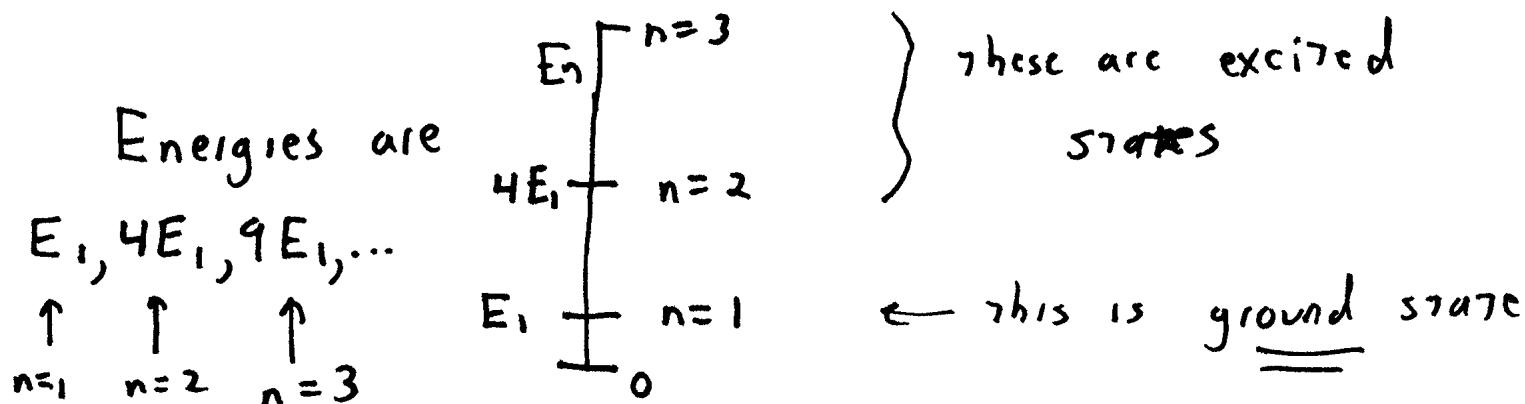
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so $U_n(x) = \sqrt{\frac{2}{a}} \sin\left(\frac{n\pi x}{a}\right)$ (for $0 < x < a$)

← Note sign / phase *
our front is not physically important!



etc.



- Energy is quantized (due to boundary condition on U)
- Energies grow like n^2
- Lowest energy is Not 0! (You cannot put an electron in a box and have it be at rest!)

* If you multiply $U_n(x)$ by $e^{i\theta}$, you have a wavefn with the same $|U(x)|^2$, it's physically indistinguishable.

so e.g. $U_n(x)$ and $-U_n(x)$ are not "different states".

Key properties to note (many of which will be true for most potentials, not just this one!)

Energy eigenstates $U_n(x)$ are ...

- "even" or "odd" with respect to center of box
($n=1$ is even, $n=2$ is odd, this alternates)
- oscillatory, and higher energy \Leftrightarrow more nodes or zero crossings. (Here, U_n has $(n-1)$ intermediate zeros)

• Orthogonal:
$$\int_0^a U_n(x) U_m(x) dx = \delta_{nm} = \begin{cases} 0 & \text{if } n \neq m \\ 1 & \text{if } n = m \end{cases}$$

check this, if you don't know why $\sin(\frac{n\pi x}{a})$ forms orthogonal states, work it out.

- complete: Dirichlet's theorem, the basis of "Fourier series" says ANY function $f(x)$ which is 0 at $x=0$ & $x=a$ can be written, uniquely,

$$f(x) = \sum_{n=1}^{\infty} c_n U_n(x)$$

← can always find the c_n 's:

↳ recall,
 $\frac{2}{a} \sin \frac{n\pi x}{a}$

Fourier's trick finds those C_n 's, given an $f(x)$:

If $f(x) = \sum_n C_n \psi_n(x)$ then do "the trick"...

$$f(x) \psi_m^*(x) = \sum_n C_n \psi_n(x) \psi_m^*(x)$$

$$\text{so } \int_0^a f(x) \psi_m^*(x) dx = \sum_n C_n \int_0^a \underbrace{\psi_n(x) \psi_m^*(x) dx}_{\delta_{nm}, (\text{here } \psi\text{'s are real})}$$

only one term,
 $n=m$, contributes!

So $*$ isn't important
in this example

$$C_m = \int_0^a f(x) \psi_m^*(x) dx \quad \leftarrow \text{this is how you figure out } C_m\text{'s!}$$

(The above features are quite general! Not just this problem!)

And last but not least, this was $\psi_n(x)$, but the time-dependent stationary states are $\psi_n(x) e^{-i E_n t / \hbar}$

$$\underline{\psi_n(x, t)} = \sqrt{\frac{2}{a}} \sin\left(\frac{n\pi x}{a}\right) e^{-i \frac{n^2 \pi^2 \hbar^2}{2ma^2} \left(\frac{t}{\hbar}\right)}$$

stationary state, full
sol'n to "Schrod in a box"
with definite energy

E_n

this particular functional form
is specific to "particle in box"


these are special, particular states, "eigenstates of \hat{H} "

The most general possible state of any "electron in a 1-D box", then, would be any linear combo of these:

$$\Psi(x,t) = \sum_n c_n \Psi_n(x,t) = \sum_n c_n U_n(x) e^{-iE_n t/\hbar}$$

you can pick any c_n 's you like (even complex!) and this will give you all possible physical states.

you might choose the c_n 's to give a particular $\bar{\Psi}(x, t=0)$

that you start with, using Fourier's trick! 

If $\bar{\Psi}(x, 0) = \sum_n c_n U_n(x)$ is given, find the c_n 's,

& now the formula at top of page tells you $\bar{\Psi}(x, t)$

[so given initial conditions, we know the state at all times. That's the goal of physics!]

For other potentials, game is same: find $U_n(x)$'s and corresponding E_n 's, then form a linear combo at $t=0$ to match your starting state, & let it

evolve, $\Psi(x, t) = \sum_n c_n U_n(x) e^{-iE_n t/\hbar}$...

Last comment:

$$\text{If } \Psi(x, t) = \sum_n c_n \psi_n(x) e^{-i E_n t / \hbar}$$

then normalization says $\int \Psi^* \Psi dx = 1$

But when you expand Ψ and $\bar{\Psi}$, all cross terms vanish after integration, $\int \psi_n^*(x) \psi_m(x) dx = \delta_{nm}$

Leaving only the terms with $n=m$, which integrate simply.

Work it out: $\int \Psi^* \Psi dx = 1$ tells you

$$1 = \sum_m \sum_n \int c_m^* c_n \underbrace{\psi_m^*(x) \psi_n(x)}_{\text{collapses the integral to } \delta_{mn}, \text{ (thus } e^{i \dots} \rightarrow 1)} e^{i(E_m - E_n)t/\hbar} dx$$

$$= \sum_{mn} c_m^* c_n \delta_{mn}$$

$$= \sum_n |c_n|^2 \quad \leftarrow \text{convince yourself.}$$

Similarly (try it!) use $\hat{H} \psi_n = E_n \psi_n$

$$\langle H \rangle = \int \Psi^* \hat{H} \Psi = \sum_n E_n |c_n|^2$$

Interpretation (which we'll develop more formally)

$$\Psi(x, t) = \sum_n c_n \psi_n(x) e^{-iE_n t/\hbar} = \sum_n c_n \tilde{\Psi}_n(x, t)$$

says "the state Ψ is a linear combination of the special stationary states, the $\tilde{\Psi}_n$'s."

the c_n 's carry information,

from $\langle H \rangle = \sum_n |c_n|^2 E_n$ which looks like $\sum_n P_n E_n$

$|c_n|^2 = \text{Probability}$ that this particle's Energy would be measured to be E_n .

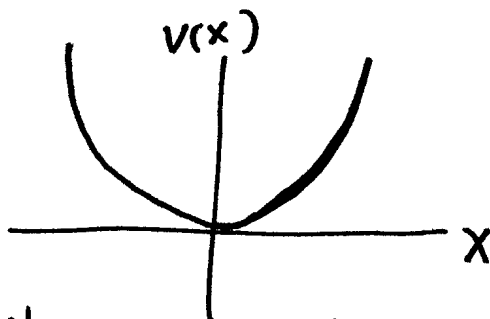
(So $\sum_n |c_n|^2 = 1$ is just "conservation of probability".)

→ This is a central concept in QM, we'll come back to it often.

The Harmonic Oscillator:

Many objects experience a (classical) force $\vec{F} = -k\vec{x}$, Hooke's Law. This is the Harmonic oscillator,

and $V(x) = \frac{1}{2} k x^2$



Note that almost any

$V(x)$ with a minimum will look at least approximately like this, at least for small x , so it's physically a very common situation! ~~not~~

Classically, $x(t) = A \sin \omega t + B \cos \omega t$ for Harm. Osc

with $\omega \equiv \sqrt{\frac{k}{m}}$ (so $V = \frac{1}{2} m \omega^2 x^2$)

a defined quantity, but it tells you period $T = 2\pi/\omega$.

So let's ~~consider~~ consider the Quantum Harmonic oscillator

As before, separate x & t , and look for sol's $\rightarrow 0$

$$-\frac{\hbar^2}{2m} u''(x) + \frac{1}{2} m \omega^2 x^2 u(x) = E u(x)$$

these u 's will give us stationary states

(then, if you find such a u , $\Psi(x,t) = u(x) e^{-iEt/\hbar}$ gives)
Time dependence

Just like before, we will find that, if we insist $U(x) \rightarrow 0$ as $x \rightarrow \infty$, (i.e. our "boundary condition") we will find only certain E 's, called E_n , will work, + the corresponding $U_n(x)$ will be unique. So just like in the box, we'll have $\Psi_n(x, t)$'s, each n corresponding to a stationary state with discrete energy.

This diff e.g. is a 2nd order ODE but that " x^2 " term makes it hard to solve. There are tricks. (* See aside, next page)

Trick #1: For large x , x^2 dominates, so

$$-\frac{\hbar^2}{2m} U''(x) = (E - \frac{1}{2} m \omega^2 x^2) U \underset{\text{large } x}{\approx} -\frac{1}{2} m \omega^2 x^2 U$$

• Sol'n (check, it's not familiar)

$$U(x) = A e^{-\frac{m\omega x^2}{2\hbar^2}} + B e^{+\frac{m\omega x^2}{2\hbar^2}}$$

[2 undetermined constants for 2nd order ODE ✓]

↑
very nasty as $x \rightarrow \infty$, + as unphysical!

Now comes Trick #1 part 2:

STP 3220 QM 2.18 b - An aside

Another Method to know of: Numerical!

How to solve $u'' = -\frac{2m}{\hbar^2} (E - V(x)) u(x)$?

(without yet knowing E !)

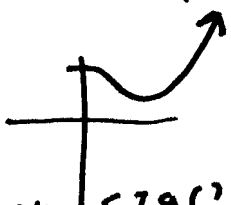
Even solns: Guess an E (use a similar situation, or just units? For Harmonic oscillator, $\hbar\omega$ has units of energy, so maybe just try it as a starting guess, \tilde{E} .)

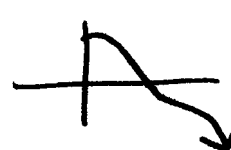
Let $u(0) = 1$, $u'(0) = 0$ \leftarrow flat, I'm looking for the even sol'n!

we'll normalize later! Pick a "step-size" ϵ (try!))

- Use S.E. to tell you $u''(0)$. $[u''(0) = -\frac{2m}{\hbar^2} (\tilde{E} - V(0)) u(0)]$
- Use $u'(0) = \frac{u(\epsilon) - u(0)}{\epsilon}$ to compute $u(\epsilon)$
- Use $u''(0) = \frac{u'(\epsilon) - u'(0)}{\epsilon}$ to compute $u'(\epsilon)$

Now Repeat, stepping across x in steps of ϵ .

If u starts to blow up,  you need more curvature @ start, so raise \tilde{E} , + start again.

If u blows down  you need less curvature, lower \tilde{E}

STP 3220 QM 2.18c

For odd sol'n, start with $u(0)=0$, $u'(0)=1$
(Same game....) ↑
we'll normalize
later!

So basically you pick an E , numerically "shoot" from the origin, + keep fixing E till you get a sol'n which behaves well at large x .

In this way, you can plot / compute $u(x)$ and find the energies, for essentially any $V(x)$. (In this sense, you don't have to feel bad that only a few $V(x)$'s yield analytic sol'n's for $u_n(x)$ and E_n . All V 's can be "solved" numerically)

5J† 3220 QM 2.19

Assume (hope, wonder if?) $u(x) = h(x) e^{-\frac{m\omega^2 x^2}{2\hbar}}$

maybe $h(x)$ will be "simple". Indeed, use the

(love this name!) Method of Frobenius: try

$h(x) \stackrel{?}{=} a_0 + a_1 x + a_2 x^2 + \dots$ Plug in, see what

happens...

For now, I'm going to skip this algebraically tedious exercise, + skip to the punchline:

If you insist that $u(x)$ stays normalizable, you find that series for $h(x)$ needs to end, it must be a finite order polynomial. And that will happen if and only if E takes on special values, namely

$$E_n = \left(n + \frac{1}{2} \right) \hbar \omega$$

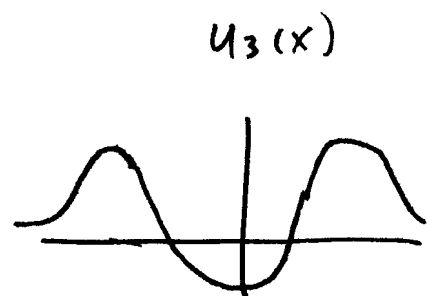
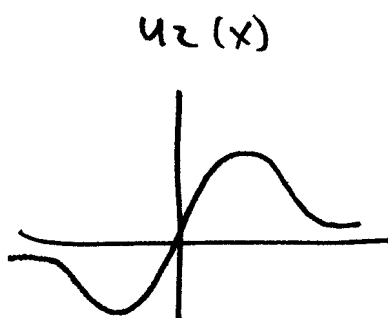
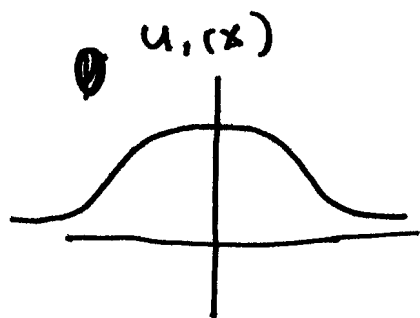
↑
Integer.

If E is this \uparrow , then the polynomial is " n^{th} order",

The $h_n(x)$ functions that come out are Hermite

Polynomials. (See Griffiths p. 56.)

SJP 3220 QM 2.20



$$u_1(x) = \left(\frac{m\omega}{\hbar}\right)^{\frac{1}{4}} \frac{1}{\sqrt{2}} e^{-\frac{m\omega^2 x^2}{2\hbar}}, \text{ with } E_1 = \frac{1}{2}\hbar\omega$$

Note, here $h_1(x) = 1$, basically, the stuff out front is just to normalize!

$$u_2(x) = \left(\frac{m\omega}{\hbar}\right)^{\frac{1}{4}} \frac{2}{\sqrt{2}} \sqrt{\frac{m\omega}{\hbar}} x e^{-\frac{m\omega^2 x^2}{2\hbar}}, \quad E_2$$

↳ there's my 1st order polynomial.

(You could just verify that, at least for these 1st 2)

$$-\frac{\hbar^2}{2m} u_n''(x) + \frac{1}{2}m\omega^2 x^2 u_n(x) = E_n u_n(x).$$

Remember, these give $u_n(x)$, time dependence is simple:

Stationary state $\Psi_n(x,t) = u_n(x) e^{-iE_n t/\hbar}$

You can then form any combination of these to build any "particle in a well" state, + the time dependence

follows $\Psi = \sum_n C_n u_n(x) e^{-iE_n t/\hbar}.$

observations: Like particle in box, $U_n(x)$ are

- even or odd

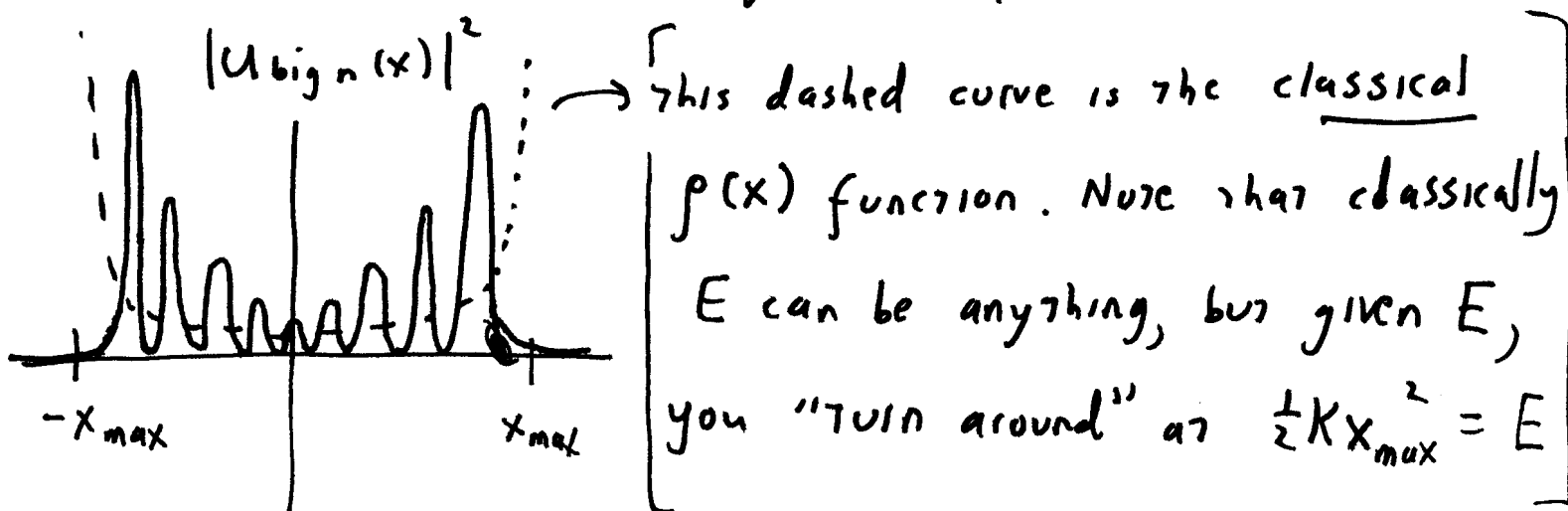
- oscillatory, with U_n having $n-1$ zero's

- orthogonal $\int_{-\infty}^{\infty} U_n(x) U_m(x) dx = \delta_{nm}$

- Complete: Any fn can be expanded via fourier's trick as $\sum_{n=1}^{\infty} c_n U_n(x)$ (if it vanishes properly at ∞ , anyway)

- Energy of each U_n is discrete, grows like n here.

- Lowest energy is not 0, it's $\frac{1}{2} \hbar \omega$. (You cannot "stop" a mass on a quantum spring!)



For small n , $|U_n(x)|^2$ doesn't look classical at all,
for large n , it sort of does if you "average over short wiggles".

Trick #2 for solving the Harm. Osc.

This trick is way out there! I would never have come up with it (?) but it's cool, + turns out to be more general than you can imagine right now. It's the basis for a similar trick to understand angular momentum in 3-D, and then spin, + moving in to quantum field theory. So it's worth learning! It will also teach us some "operator methods" that are deeply central to QM. (So enjoy this "trickery" the math is fun!)

Here again is the 1-D schrod eq'n we're studying

$$\frac{1}{2m} [p^2 + (m\omega x)^2] u = E u \quad \left(\begin{array}{l} \text{with } p = \frac{\hbar}{i} \frac{\partial}{\partial x} \\ \text{of course!} \end{array} \right)$$

For numbers, $a^2 + b^2 = (i a + b)(-i a + b)$,

so this tempts us to rewrite the equation on left as $\frac{1}{2m} (i p + m\omega x)(-i p + m\omega x)$

But this isn't right, because \hat{p} operates on any x 's it hits ...

SJT QM 3220 ch. 2.23

Let's define a new operator, two in fact:

$$\hat{a}_+ = \frac{1}{\sqrt{2\hbar m\omega}} (-i\hat{p} + m\omega\hat{x})$$

$$\hat{a}_- = \frac{1}{\sqrt{2\hbar m\omega}} (+i\hat{p} + m\omega\hat{x})$$

← I know the signs look funny, the name \hat{a}_+ will make more sense in a sec

Now try writing what I had before

$$\hat{a}_- \hat{a}_+ = \frac{1}{2\hbar m\omega} (i\hat{p} + m\omega\hat{x})(-i\hat{p} + m\omega\hat{x})$$

$$= \frac{1}{2\hbar m\omega} (\hat{p}^2 + (m\omega\hat{x})^2 - i m\omega (\hat{x}\hat{p} - \hat{p}\hat{x}))$$

For numbers, $x p - p x = 0$, but not for operators!

We call $[\hat{A}, \hat{B}] \equiv \hat{A}\hat{B} - \hat{B}\hat{A}$ the commutator of A and B.

my expression has $[\hat{x}, \hat{p}]$ in it. what's that do?

Consider acting it on any old function f

$$[\hat{x}, \hat{p}] f(x) = (\hat{x}\hat{p} - \hat{p}\hat{x}) f = x \frac{\hbar}{i} \frac{\partial}{\partial x} f - \frac{\hbar}{i} \frac{\partial}{\partial x} x f$$

but $\frac{\partial}{\partial x} (x f) = f + x \frac{\partial f}{\partial x}$. The $x \frac{\partial f}{\partial x}$ term cancels,
 This operates on $(x f)$!

Leaving (please check this for yourself).

$$[x, p] f = -\frac{\hbar}{i} f \quad \text{so we say } [\hat{x}, \hat{p}] = -\frac{\hbar}{i}$$

This is very important, $\boxed{[x, p] = i\hbar}$, it's not zero! $= i\hbar$
 Back to our problem: \hookrightarrow (we'll talk much more about this!)

$$\begin{aligned} \hat{a}_- \hat{a}_+ &= \frac{1}{2\hbar m\omega} (\hat{p}^2 + (m\omega\hat{x})^2) - \frac{i m \omega}{2\hbar m\omega} (i\hbar) \\ &= \frac{1}{\hbar\omega} \hat{H} + \frac{1}{2} \end{aligned}$$

$$\text{or } \hat{H} = \hbar\omega (\hat{a}_- \hat{a}_+ - \frac{1}{2})$$

Now go through yourself + convince yourself that

$$\hat{H} = \hbar\omega (\underbrace{\hat{a}_+ \hat{a}_-}_{\substack{\text{opposite} \\ \text{order}}} + \frac{1}{2}) \quad \hookrightarrow \text{other sign}$$

$$\begin{aligned} \text{Thus } \cancel{\text{also}}, [\hat{a}_-, \hat{a}_+] &= \left(\frac{1}{\hbar\omega} \hat{H} + \frac{1}{2} \right) - \left(\frac{1}{\hbar\omega} \hat{H} - \frac{1}{2} \right) \\ &= 1 \end{aligned}$$

(you could get this directly ~~too~~ too)

⊗ why have we done all this?? Here comes the crux #1...

5J† QM 3220 2.25

Suppose $u(x)$ is a sol'n to $\hat{H} u = E u$
 i.e. suppose we knew the u 's (which is what we're after!)

$$\text{consider } \hat{H}(\hat{a}_+ u) = \underbrace{\hbar\omega(a_+ a_- + \frac{1}{2})}_{\text{this is just } \hat{H}} (a_+ u)$$

$$= \hbar\omega(a_+ a_- a_+ + \frac{1}{2} a_+) u$$

$$= \hbar\omega a_+ (a_- a_+ + \frac{1}{2}) u$$

$$= a_+ \hbar\omega (\underbrace{a_+ a_- + 1}_{\text{constants slide past } a_+, \text{ right?}} + \frac{1}{2}) u$$

Here I used $[a_-, a_+] = 1$

$$\text{so } a_- a_+ - a_+ a_- = 1$$

$$= a_+ (\underbrace{\hbar\omega(a_+ a_- + \frac{1}{2})}_{\hat{H} \text{ again!}} + \hbar\omega) u$$

But $\hat{H} u = E u$!)

thus

$$\hat{H}(\hat{a}_+ u) = a_+ (E + \hbar\omega) u$$

$$\text{or } \hat{H}(\hat{a}_+ u) = (E + \hbar\omega) (\hat{a}_+ u)$$

so $\hat{a}_+ u$ is an eigenfunction of H with eigenvalue $E + \hbar\omega$

Given u , I found a new different eigenfunction + eigenvalue.

Now you try it, this time with

$$\hat{H}(\hat{a}_- u). \quad \text{I claim you'll get } (E - \hbar\omega)(\hat{a}_- u)$$

So now we see the use of \hat{a}_+ or \hat{a}_- . They ~~are~~ generate new sol'n's, different eigenvalues + eigenfunctions.

\hat{a}_+ = "raising operator" because it raises E by $\hbar\omega$

\hat{a}_- = "lowering" " " " " lowers E by $\hbar\omega$.

They are "ladder operators" because E changes in steps of $\hbar\omega$.

Now for crux #2...

If you apply $\underbrace{a_- a_- a_- \dots a_-}_m u$ you create a state with $E - m\hbar\omega$. you can always pile up enough a_- 's to get a negative energy... but there's a theorem that

says E can never be lower than the minimum of $V(x)$, which is 0. ACK! This is bad... unless there is a

bottom state u_0 , such that $a_- u_0 = 0$

Note that 0 "solves" the S.E.g, it's just not interesting and from then on $a_- a_- u_0 = a_- 0 = 0 \dots$

STP QM 3220 2.27

OK, so $\hat{a}_- u_0(x) = 0 \Rightarrow \frac{1}{\sqrt{2m\hbar\omega}} \left(\hbar \frac{d}{dx} + m\omega x \right) u_0 = 0$

That's no problem to solve! See Griffiths, or just check

$u_0(x) = A e^{-m\omega x^2/2\hbar}$ works (for any A)

Pick A to normalize u (use $\int_{-\infty}^{\infty} e^{-x^2} dx = \sqrt{\pi}$)

so $u_0(x) = \left(\frac{m\omega}{\pi\hbar}\right)^{1/4} e^{-m\omega x^2/2\hbar}$

This solves S.E, just plug it in! on the right, you'll see E_0 pop out, $E_0 = \frac{1}{2} \hbar\omega$.

$$\left(\begin{array}{l} \hat{H} u_0 = E_0 u_0 \Rightarrow \hbar\omega \left(a_+ a_- + \frac{1}{2} \right) u_0 = E_0 u_0 \\ \quad \quad \quad \uparrow \\ \quad \quad \quad \text{this "kills" } u_0 \\ \text{so } \frac{1}{2} \hbar\omega u_0 = E_0 u_0 \quad \checkmark \end{array} \right)$$

And now, $\hat{a}_+ u_0$ gives a state (call it u_1)

with $E_1 = E_0 + \hbar\omega = \frac{3}{2} \hbar\omega$. Though, you may have to normalize again!

$u_n(x) = A_n (a_+)^n u_0(x)$ with $E_n = (n + \frac{1}{2}) \hbar\omega$
(\hookrightarrow must normalize each one separately)

could we have missed some sol'ns this way?

Might there be a $\tilde{u}(x)$ which is not "discovered" by repeated applications of \hat{a}_+ to u_0 ? Fortunately no.

If there were, $(\hat{a}_-)^n \tilde{u}(x)$ would still have to give 0 for some n , and thus there'd be a "lowest" \tilde{u} ... but we found the unique lowest state already!

Griffiths has a cute trick to normalize the states,

see p. 47-48. He also has an elegant trick to

prove $\int_{-\infty}^{\infty} u_m^*(x) u_n(x) dx = \delta_{mn}$ (see p. 49)

But let's leave this for now:

Bottom line: By "Frobenius" or "ladder operators", we found all the stationary states $u_n(x)$, with $E_n = (n + \frac{1}{2})\hbar\omega$

(In general, potentials $V(x)$ give "bound states", with discrete energies.) But let's move on to a qualitatively different problem, where we're not bound!