

$$\text{Spin } \frac{1}{2}: |\pm\rangle_x = \frac{1}{\sqrt{2}}(|+\rangle \pm |-\rangle) \doteq \frac{1}{\sqrt{2}} \begin{pmatrix} 1 \\ \pm 1 \end{pmatrix}, |\pm\rangle_y = \frac{1}{\sqrt{2}}(|+\rangle \pm i|-\rangle) \doteq \frac{1}{\sqrt{2}} \begin{pmatrix} 1 \\ \pm i \end{pmatrix}$$

$$S_x \doteq \frac{\hbar}{2} \begin{pmatrix} 0 & 1 \\ 1 & 0 \end{pmatrix}, S_y \doteq \frac{\hbar}{2} \begin{pmatrix} 0 & -i \\ i & 0 \end{pmatrix}, S_z \doteq \frac{\hbar}{2} \begin{pmatrix} 1 & 0 \\ 0 & -1 \end{pmatrix}, S_n \doteq \frac{\hbar}{2} \begin{pmatrix} \cos\theta & \sin\theta e^{-i\phi} \\ \sin\theta e^{i\phi} & -\cos\theta \end{pmatrix},$$

$$S^2 \doteq \frac{3\hbar^2}{4} \begin{pmatrix} 1 & 0 \\ 0 & 1 \end{pmatrix}. \text{ Eigenvectors of } S_n \text{ are } |+\rangle_n \doteq \begin{pmatrix} \cos\frac{\theta}{2} \\ \sin\frac{\theta}{2} e^{i\phi} \end{pmatrix}, |-\rangle_n \doteq \begin{pmatrix} \sin\frac{\theta}{2} \\ -\cos\frac{\theta}{2} e^{i\phi} \end{pmatrix}.$$

Spin 1 systems:

$$\begin{aligned} |1\rangle_x &= \frac{1}{2}|1\rangle + \frac{1}{\sqrt{2}}|0\rangle + \frac{1}{2}| -1\rangle, & |1\rangle_y &= \frac{1}{2}|1\rangle + \frac{i}{\sqrt{2}}|0\rangle - \frac{1}{2}| -1\rangle \\ |0\rangle_x &= \frac{1}{\sqrt{2}}|1\rangle - \frac{1}{\sqrt{2}}| -1\rangle, & |0\rangle_y &= \frac{1}{\sqrt{2}}|1\rangle + \frac{1}{\sqrt{2}}| -1\rangle, \\ | -1\rangle_x &= \frac{1}{2}|1\rangle - \frac{1}{\sqrt{2}}|0\rangle + \frac{1}{2}| -1\rangle, & | -1\rangle_y &= \frac{1}{2}|1\rangle - \frac{i}{\sqrt{2}}|0\rangle - \frac{1}{2}| -1\rangle \\ \hat{S}_x &\doteq \frac{\hbar}{\sqrt{2}} \begin{pmatrix} 0 & 1 & 0 \\ 1 & 0 & 1 \\ 0 & 1 & 0 \end{pmatrix}, & \hat{S}_y &\doteq \frac{\hbar}{\sqrt{2}} \begin{pmatrix} 0 & -i & 0 \\ i & 0 & -i \\ 0 & i & 0 \end{pmatrix}, & \hat{S}_z &\doteq \hbar \begin{pmatrix} 1 & 0 & 0 \\ 0 & 0 & 0 \\ 0 & 0 & -1 \end{pmatrix} \end{aligned}$$

Postulate #4: If you make a quantum measurement on state $|\psi\rangle$ of an operator A the probability of getting one of its eigenvalues a_n as your outcome is $|\langle a_n|\psi\rangle|^2$

Postulate #5: If you measure A on state $|\psi\rangle$ and get one of its eigenvalues a_n , then you “collapse” into state: $|\psi_{new}\rangle = \frac{P_{a_n}|\psi\rangle}{\sqrt{\langle\psi|P_{a_n}|\psi\rangle}}$, where P_{a_n} (the “projection operator into state a_n ”) is defined as: $P_{a_n} = |a_n\rangle\langle a_n|$

Postulate #6: $i\hbar \frac{\partial}{\partial t} |\psi(t)\rangle = \hat{H}(t)|\psi(t)\rangle$ (The time-dependent Schrödinger Eqn)

Solution if H is time independent: $|\psi(t)\rangle = \sum_n c_n e^{-\frac{iE_n t}{\hbar}} |E_n\rangle$

Completeness (or “closure”) says $\sum_n P_{a_n} = \mathbf{1}$; or in continuous basis $\int |a\rangle\langle a| da = \mathbf{1}$

Quantum expectation value $\langle A \rangle = \langle \psi|A|\psi\rangle = \sum_n a_n \text{Prob}(a_n)$

Quantum uncertainty: $\Delta A = \sqrt{\langle A^2 \rangle - \langle A \rangle^2}$

QM uncertainty principle: $\Delta A \Delta B \geq \frac{1}{2} |\langle [A, B] \rangle|$

Commutation relations (angular momentum ones valid for spin S or orbital L):

$$\begin{aligned} [L_x, L_y] &= i\hbar L_z, & [L_y, L_z] &= i\hbar L_x, & [L_z, L_x] &= i\hbar L_y \\ [L^2, L_x] &= [L^2, L_y] = [L^2, L_z] = 0, & [x, p] &= i\hbar \end{aligned}$$

Energy of a particle in a magnetic field: $H = -\boldsymbol{\mu} \cdot \mathbf{B} = -\frac{gq}{2m} \mathbf{S} \cdot \mathbf{B}$

(where g = gyromagnetic constant, it's about 2 for electrons with $q = -e$, and \mathbf{S} is the spin operator...)

Rabi's Formula: For a particle spin up in a B-field oriented at angle θ from the z-axis in the x-z plane, i.e. $\vec{B} = B_0 \hat{z} + B_1 \hat{x}$, we define $\omega_{0(1)} = \frac{e}{m} B_{0(1)}$

and find energies $E_{\pm} = \pm \frac{\hbar}{2} \sqrt{\omega_0^2 + \omega_1^2}$

$$\text{Prob}(\text{flipping } + \text{ to } -) = \frac{\omega_1^2}{\omega_0^2 + \omega_1^2} \sin^2 \left(\frac{\sqrt{\omega_0^2 + \omega_1^2}}{2} t \right) = \sin^2 \theta \sin^2 \left(\frac{E_+ - E_-}{2\hbar} t \right)$$

EPR maximally entangled wavefunction is $|\psi\rangle = \frac{1}{\sqrt{2}} (|+\rangle_1 |-\rangle_2 - |-\rangle_1 |+\rangle_2)$,

which you showed in homework is also $|\psi\rangle = \frac{1}{\sqrt{2}} (|+\rangle_{1n} |-\rangle_{2n} - |-\rangle_{1n} |+\rangle_{2n})$

(i.e. this state is anticorrelated in any spin direction \hat{n} .)

Spatial wavefunctions and the position representation:

States: $|\psi\rangle \doteq \psi(x) = \langle x|\psi\rangle$ Bras: $\langle\psi| \doteq \psi^*(x) = \langle\psi|x\rangle$

Operators: $\hat{x} \doteq x$, $\hat{p} \doteq -i\hbar \frac{\partial}{\partial x}$ Brackets: $\langle\phi|\psi\rangle = \int_{-\infty}^{\infty} \phi^*(x) \psi(x) dx$

Probability of finding a particle ($a < x < b$) = $\int_a^b |\psi(x)|^2 dx$

Expectation values in a state ψ : $\langle A \rangle = \int_{-\infty}^{\infty} \psi^*(x) \hat{A} \psi(x) dx$

Schrödinger's time-independent equation: $\left(-\frac{\hbar^2}{2m} \frac{\partial^2}{\partial x^2} + V(x) \right) \varphi_n(x) = E_n \varphi_n(x)$

Infinite Square well from 0 to a: Allowed energies $E_n = \frac{n^2 \pi^2 \hbar^2}{2ma^2}$,

with corresponding normalized energy eigenfunctions $\varphi_n(x) = \sqrt{\frac{2}{a}} \sin\left(\frac{n\pi}{a} x\right)$

Fourier Transforms: $\psi(x, t) = \int_{-\infty}^{\infty} \frac{1}{\sqrt{2\pi\hbar}} e^{ipx/\hbar} \phi(p, t) dp$ is the Fourier transform of $\phi(p)$,

$\phi(p, t) = \int_{-\infty}^{\infty} \frac{1}{\sqrt{2\pi\hbar}} e^{-ipx/\hbar} \psi(x, t) dx$ is the Inverse Fourier transform of $\psi(x)$. (And, $p = \hbar k$)

Heisenberg Uncertainty Principle: $\Delta x \Delta p \geq \hbar/2$

Angular momentum eigenfunctions:

$L^2 |l, m\rangle = l(l+1)\hbar^2 |l, m\rangle$, $L_z |l, m\rangle = m\hbar |l, m\rangle$, with $|m| \leq l$.

In position space, $|l, m\rangle \doteq Y_l^m(\theta, \varphi)$

Schrodinger Equation in 3-D:

$$\frac{-\hbar^2}{2\mu} \left[\frac{1}{r^2} \frac{\partial}{\partial r} \left(r^2 \frac{\partial}{\partial r} \right) - \frac{1}{\hbar^2 r^2} \hat{L}^2 \right] \psi(r, \theta, \varphi) + V(r) \psi(r, \theta, \varphi) = E \psi(r, \theta, \varphi),$$

where $\hat{L}^2 \doteq -\hbar^2 \left[\frac{1}{\sin\theta} \frac{\partial}{\partial \theta} \left(\sin\theta \frac{\partial}{\partial \theta} \right) + \frac{1}{\sin^2\theta} \frac{\partial^2}{\partial \varphi^2} \right]$

Hamiltonian for particle on a ring: $H = \frac{L_z^2}{2I}$ with $I = \mu r^2$. **On a sphere:** $H = \frac{L^2}{2I}$

Hydrogen Atom: $|nlm\rangle \doteq R_{nl}(r) Y_l^m(\theta, \varphi)$, with $E_n = -13.6 \text{ eV}/n^2$,

Where $n = 1, 2, 3, \dots, \infty$, and $l = 0, 1, 2, \dots, n-1$, and $m = -l, -l+1, \dots, 0, \dots, l-1, l$